

**CONTACT DETAILS**

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**PROFESSIONAL QUALIFICATIONS**

2005	PhD	QLD University of Technology
	<u>Thesis title:</u>	<i>"Evaluation of the Impact of the School Environment on Teachers' Health and Job Commitment: Is the Health Promoting School and Healthier Workplace?"</i>
1997	MAppSci (Social Ecology)	University of Western Sydney, NSW.
	<u>Thesis title:</u>	<i>"Enhancing Success at University: Introducing and Evaluating Innovative Student Development Programs at Charles Sturt University".</i>
1993	Grad Dip Health Promotion	Curtin University, Perth.
1992	Grad Dip Social Ecology	University of Western Sydney, NSW.
	<u>Thesis title:</u>	<i>"Well Wagga Wagga: Evaluation of a Worksite Health Promotion Program".</i>
1985	B.Ed (integrated units from MA (SpecEd)	University of New England, Armidale.
1980	DipEd (Graduate)	University of New England, Armidale.
1977	BSc (Psychology) (Hons)	University of NSW, Sydney.

**OTHER STUDIES**

1978-79	MA (Special Education) Macquarie University ( <i>Withdrew without penalty</i> )
2008	Certificate IV in Business (Small Business Management)

**PROFESSIONAL MEMBERSHIPS**

- Registered Psychologist, Psychology Board of Australia (PSY0001407461)
- Full Member, Australian Psychological Society (No. 14585)
- Charter Member, International Positive Psychology Association (IPPA)
- Member, International Society for Quality-of-Life Studies (ISQoLS)
- Member, Institute of Coaching Professional Association (ICPA)
- Member, International Society for Coaching Psychology (ISCP)

**PROFESSIONAL INSURANCE**

AON Risk Services Australia Ltd. Policy no. 83MUL7130166 (to 30 June 2014)

**CURRENT DRIVERS LICENCE**

Class C, Queensland

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**CONTINUING PROFESSIONAL DEVELOPMENT (Recent)**

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- Harnessing the Power of the Mind: Two-Day Workshop with Dr Daniel Siegel, Brisbane, 20-21 February 2014.
- The Social Brain and the Neuroscience of Relationships with Dr Pieter Rossouw: 2-day Workshop, Brisbane 21 & 22 Nov 2013.
- Depression is Contagious: Two-Day Workshop with Dr Michael Yapco, Brisbane, 8-9 July 2013.
- Brain Science Webinar Series 2013, The National Institute for the Clinical Application of Behavioral Medicine (online learning program).
- The Brain & Anxiety: Utilising Neurobiological Information as Psychotherapeutic Tool. Dr Pieter Rossouw, PhD. 1-2 June, 2012, Brisbane.
- 2<sup>nd</sup> International Congress on Coaching Psychology, Sydney, 10-12 May 2012
- Enhancing Therapeutic Outcomes with Traumatized Clients: Creating Change, Meaning & Hope. Dr Emma Harley, 28<sup>th</sup> October 2011.
- New Directions in Trauma Mindfulness. Associate Professor John Briere, 30<sup>th</sup> – 31<sup>st</sup> May 2011.
- The Reflective Practitioner: Master Workshop. Presented by IGCP – Professor David Lane, Sunny Stout-Rostron, Professor Siegfried Greif, and Dr Michael Cavanagh. Brisbane 5<sup>th</sup> July 2010.
- Supervisor Training & Accreditation Program (STAP) Refresher, Psychologists Registration Board of Queensland, 29 March 2010.
- VIA Intensive: Character Strengths & Virtues in Practice, VIA Institute on Character, 4<sup>th</sup> & 5<sup>th</sup> December 2009.
- Brain-Based Therapy: Integrating Science with Theory & Practice. John Arden & Lloyd Linford, 16<sup>th</sup> & 17<sup>th</sup> November 2009.
- CBT Focusing on Schemas and Mindfulness, Dr Bob Montgomery, Brisbane 9<sup>th</sup> May 2007.
- Supervisor Training & Accreditation Program (STAP), Psychologists Registration Board of Queensland, 16-17 June 2006.
- Conducting Systematic Reviews of Public Health & Health Promotion Interventions: Two-Day Workshop (Cochrane Collaboration), 9-10 August, 2004.
- Mental Health Promotion and Schools Forum, Queensland Health Mental Health Promotion Unit, 25<sup>th</sup> May 2004.
- Two-day workshop in the QSN NVivo qualitative data analysis software (29-30 July 2000)
- Two-day workshop in Practice-Based Continuing Medical Education, Education SERU, Townsville (26-27 March 1999).
- Social Justice, Access and Equity Training Workshop, Migrant Resource Centre, Townsville (23 April 1999)
- Workshop in "Traumatic Stress, Critical Incident Response and Critical Incident Debriefing", Charles Sturt University, Wagga Wagga (11<sup>th</sup> March 1997)
- Transformational Leadership Workshop, OE Consultancy, Melbourne (8<sup>th</sup>. December 1997).

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**CONSULTANCIES**


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- **Australian Government (Department of Immigration & Multicultural Affairs):** Member of national advisory panel reviewing and updating the Australian Cultural Orientation Program (AUSCO) for humanitarian entrants to Australia (2007 – 08).

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**EMPLOYMENT RECORD**


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**June 2014 ongoing: Institute for Applied Positive Psychology** – Established this business to provide training for health professionals, coaches, educationalists, and others interested in learning specialised applications of Positive Psychology in clinical, educational, and organisational settings. Providing monthly networking meetings (Brisbane), individual consultation & supervision, and a suite of training workshops (1-day, 2-day and 5-day retreats).

**October 2012 ongoing:** Established the *Positive Psychology Network* as a service for allied health professionals to meet monthly for professional development in Positive Psychology including arranging guest speakers, venues and follow-up distribution of learning materials.

**May 2007 ongoing: *Chrysalis Psychological & Wellness Services* (Private Practice, Brisbane):**

- **Psychologist (Private Practice)** providing focused psychological therapies (Medicare) for adults, couples and families; providing group-focused psychological therapies; life coaching and small-group personal effectiveness workshops.
- **Sub-contractor for Access EAP** providing focused psychological therapy for adults seeking support for work-related issues.
- **Sub-contractor for Medibank Health Solutions (DFA referrals)** providing psychological assessment and focused psychological therapy for defence services personnel.
- **STAP Accredited Supervisor** providing supervision of provisional psychologists since 2007 (PsyBA approved) – primary supervisor for 6 provisionally registered psychologists who achieved full registration and partially supervised 5 to full registration. Registered with AHPRA to provide 4+2 and 5+1 supervision pathways.
- **APS Peer Support Network (Brisbane West) (2010 ongoing):** Convening and co-ordinating monthly peer support meetings for psychologists in this region.
- **APS Interest Group in Coaching Psychology:** Committee member since 2011.

**January 2008 - 2012: *Department of Psychology, University of Southern Queensland* (Springfield Campus)**

- **Lecturer (Level B)**
  - Designed, wrote and taught PSY3140 (Building Sustainable Communities), PSY4090 Coaching Psychology, PSY4040 Advanced Psychological Theory (Positive Psychology), PSY4065 Positive Psychology.
  - Updated & taught PSY2010 (Social Processes), PSY2030 Developmental Psychology, PSY3030 Abnormal Psychology
  - Supervision of 5 Honours research projects.

**February 2006 – May 2007: QLD Bush Children's Health Scheme:**

- **Statewide Program Manager:** Responsible for supervision of 5 multidisciplinary early intervention child & family health teams in rural/remote communities of Queensland (Bundaberg, Dalby, Warwick, Emerald, Mt Isa). Each team comprised Psychologist, Speech & Language Therapist, and Occupational Therapist. Duties included: employee recruitment, orientation and performance review; child & family health case management; team management; development & evaluation of early intervention programs; development of organisational policies, procedural guidelines and staff development programs.

**March 2005 – April 2006: *School of Public Health, QLD University of Technology:***

- Postdoctoral Research Fellow (F/T): Implementation & evaluation of Phase II of BRiTA Project (“Building Resilience in Transcultural Australians”), a 2-year collaborative project with the QUT Resilient Children & Communities Project, QLD Health and Brisbane City Council. Duties included project design, development and management; program development including evaluation methodology; project evaluation; preparation of funding submissions; conference presentations; and preparation of peer-reviewed publications.

**October 2004 (Contract x 6 months): *QLD Multicultural Centre for Mental Health & Wellbeing:***

- Multicultural Mental Health Educator: Development of transcultural mental health education training modules for community educators from culturally diverse communities.
- Preparation of funding submission to Multicultural Affairs QLD to support peer-mentoring initiative with Sudanese youth.

**October 2004 – April 2006: *QLD University of Technology, Centre for Health Research:***

- Senior Research Assistant (0.4FTE): Public Health Education and Research Program (PHERP): Preparation of competitive funding applications (Rotary Mental Health Fund, ARC Linkage & Discovery, NH&MRC); preparation of manuscripts for publication and abstracts for national and international conferences; preparation of ARC Linkage submission for a collaborative research project on HIV/AIDS education in Papua New Guinea.

**February 2004 – March 2005: *QLD Transcultural Mental Health Centre (QLD Health) & QLD University of Technology (jointly funded position)***

- Research Project Co-ordinator (0.6FTE): Development of Phase II of BRiTA Project (“Building Resilience in Transcultural Australians”) - establishment of project management structure and procedures; ethics submissions; development of program content and structure, evaluation methodology and materials; preparation of funding submissions.

**July 2003 - 2006: *QPASTT (QLD Program of Assistance for Survivors of Torture & Trauma)***

- Evaluation Co-ordinator: Development of instruments and evaluation methodology for a 3-year NSSPP program to build positive mental health & resilience in multicultural adolescents and families (funded through National Suicide Prevention Program); co-ordination of program evaluations; collation and analysis of evaluation data; preparation of reports for funding bodies and management committee.

**February 2003 to February 2004 (part-time x 1 year): *QLD Transcultural Mental Health Centre (QLD Health)***

- Research Project Co-ordinator: Development, co-ordination and evaluation of a resilience-building program for young people from culturally diverse backgrounds (“BRiTA” Program - “Building Resilience in Transcultural Australians”). Significant achievements: Systematic literature review of multicultural child & adolescent mental health promotion programs; Writing program content and evaluation materials & protocols; Training & supervising 9 group facilitators; Collecting & analysing quantitative and qualitative evaluation data; Preparation of funding submissions to extend the project; Preparation of interim and final reports for the project; National & international conference presentations.
- Development of 8-module self-directed learning package addressing mental health in CALD youth for nurses employed through QLD School-based Youth Health Nurse Program (3-month contract).

**2002: *Redcliffe Caboolture Health Service District***

- Senior Project Officer (Full-time): Development, co-ordination and evaluation of Integrated Diabetes Project in collaboration with community-based health services, Redcliffe and Caboolture District Hospitals, and Redcliffe-Bribie-Caboolture Division of General Practice. Prepared SIP funding submission which was successful (\$50,000 grant to develop patient-held diabetes self-management record).

**2001: *Queensland Institute of Medical Research***

- Scientific Officer (Part-time): Genetic Epidemiology Project – conducted structured CATI interviews (“computer assisted technology interview”) for international project investigating social and genetic determinants of alcohol dependence.

**2000 -2002: *Queensland University of Technology***

- Research Assistant, Research Investigator and Member of the Project Advisory Group for Resilient Children and Communities Consortium: Assisted with literature reviews and preparation of Expression of Interest and Tender for funding a 3-year school-based mental health promotion project funded through Health Promotion Queensland. Submission was successfully funded for \$900,000.
- Convener, SHRIG (School Health Research Interest Group (2001) and Health Promoting Schools Research Students Interest Group (2001)
- Research Assistant, School of Public Health, PROMAS Project (Promoting Adjustment in Schools): Literature reviews, grant applications, ethics applications.
- Research Assistant, Communications Centre: Literature reviews and preparation of report “*Developing indicators to determine the effectiveness of web-based service delivery: an holistic approach*”.
- Tutor: School of Public Health (various courses); Centre for Learning and Development (Faculty of Education): Delivery of group activities to supplement lectures; marking; course re-writing (Primary Health Care).

**June – December 1999: *James Cook University***

- Lecturer (Level B) School of Public Health: Course co-ordination, lecturing in various health promotion subjects, tutoring, marking, and contribution to SPH promotional activities. Duties included development and implementation of 3-day health promotion skills training package for indigenous health workers delivered at Palm Island (QLD).

**1998-99: *North Queensland Rural Division of General Practice***

- Program Manager, North Queensland Diabetes Program: Designed and initiated a 2-year program to improve and evaluate primary health care service delivery systems for patients with diabetes attending general practitioners throughout regional and remote North Queensland. Achievements included development of patient data collection systems; implementation of GP training programs and 2-day diabetes patient management course for practice nurses; co-ordinated 2-day conference for health practitioners on diabetes; training indigenous health workers in clinical management of diabetes; conference presentations and input to regional and state policy development.
- Guest Lecturer: Graduate School of Medicine, University of Queensland: Health promotion skills workshop for graduate medical students.

**1996-98: *Charles Sturt University (Riverina)***

- Student Counsellor, Student Services Unit. Provided individual counselling and psycho-educational assessments to internal and distance education students; critical incident debriefing; designed & delivered group-based student development programs; developed and implemented comprehensive systems for evaluating outcomes of the Student Services Unit including intake screening checklist; supervision of generalist counsellors (chaplains); designed and implemented data collection systems for assessing lifeskills needs of first year students; data collation and reports; community liaison with various inter-agency networks aimed at addressing issues related to regional health service delivery (e.g. Wagga Wagga Suicide Prevention Task Force).
- Lecturer and Tutor: School of Psychology (see Teaching & Training below).

**1992-98: *Self-employed Psychologist / Health Promotion Consultant***

- Regional provider of Telecom “Best of Health Program” (1992-95)

- Provider of community and Corporate Wellness Programs including Health Risk Screenings as well as employee health education seminars & displays and executive development programs, Employee Assistance Programs (EAP) and critical incident debriefing for Cargill Foods, Junee Correctional Centre, Riverina Wool Combing, Laminex Industries, Kurrajong Industries and on a consultancy basis.
- Provider of psychological assessments & counselling for adults with disabilities (Kurrajong Industries and Disability Services), young offenders (Department of Community Services) and long-term unemployed clients with disabilities (Commonwealth Employment Services).
- Psychologist/Case Manager with Stanbridge, White and Associates, Rehabilitation Services providing sessional psychological assessments and therapy for clients with work-related injuries (stress, pain management, critical incident debriefing).
- Community Educator, Riverina Community College (Adult Education Programs) providing weekend & term adult education programs including writing / delivering Basic Counselling Skills Course for paraprofessionals that was accredited by VETAB for use throughout colleges in NSW.
- Accredited Trainer for WorkCover Authority of NSW (OH&S Committee Program) – delivered 3-day Workplace Committee Course to various organisations over a 4-year period.
- Supervisor, Psychologist Intern Program, Australian College of Applied Psychology – provided 2-year psychologist internship program to 2 psychologists.

**1989-92: *Wagga Wagga Base Hospital, Community Health Services***

- Psychologist (Adult Health Team): Clinical psychological services to adults and families.
- Co-ordinator of Worksite Health Promotion Program: Developed and established comprehensive worksite health promotion programs including program evaluation systems for the corporate sector; training CHS staff in health promotion skills; establishing / supervising rosters for program delivery.

**1987-89: *Self-employed Psychologist, Bowral NSW***

- Psychologist Department of Youth and Community Services (Campbelltown) and Marriage Guidance Council of NSW (Wollongong: Sessional counselling services for adults and families with relationship problems and serious psychosocial difficulties).
- Facilitator for Community Education Programs offered through Department of Health including drug education seminars and wellness workshops.

**1985-86: *Department of Health, SE Region Mental Health Services***

- Regional Program Evaluation and Development Officer: Developed and implemented data collection systems for evaluating patient discharge and community support program & services; supervision & professional development for 12 community-based psychiatric nurses; design of checklist to assess level of functioning of inpatients and community patients discharged from long-term hospitalization.

**1984: *University of New England (School of Psychology)***

- Tutor (PSY 214/314: Learning & Behaviour Modification) and PSY219/319: Social Psychology).
- Residential school program (Tutor).

**1980-1985: *Self-employed Psychologist and Community Development Project Officer, Armidale NSW***

- Family Therapist and Community Education Programs.
- Tutor, School of Psychology, University of New England.
- Childcare Co-ordinator / Crisis Counsellor, Armidale Women's Refuge.
- Research Assistant, New England Foster Care Scheme.
- Supervisor, Vacation Care Program for Disabled Children, Mirambeena Special School.
- Group Leader, Parents Centre Australia.

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**CONFERENCE ATTENDANCES**


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- 2<sup>nd</sup> International Congress on Coaching Psychology. 10 – 12 May 2012, Sydney NSW.
- Happiness and Its Causes Conference. 1-2 March 2012, Sydney NSW. Included workshops: “Flourishing” (Prof Martin Seligman) (1/2 day) and “Creating Flourishing Close Relationships” (Prof Shelley Gable) (1/2 day).
- Happiness and Its Causes Conference, Sydney. 5-6 May 2010.
- 2<sup>nd</sup> Australian Positive Psychology & Wellbeing Conference, Monash University, Melbourne. 12-13 February 2010.
- Mind & Its Potential Conference, Sydney. 2-3 December 2009.
- 3<sup>rd</sup> National Coaching Psychology Symposium, Sydney. 22-23 August 2008.
- Happiness and Its Causes Conference, Sydney. 14-15 May 2008.
- Diversity in Health Conference, Melbourne, 17<sup>th</sup>-19<sup>th</sup> October 2005.
- “Pathways to Resilience: An International Conference”, Halifax, Nova Scotia (Canada): 15<sup>th</sup> – 17<sup>th</sup> June 2005.
- State Conference of Youth Affairs Network QLD, Bardon Conference Centre, Brisbane: 22 April 2005.
- Australian Health Promotion Association National Conference, Canberra: 14 – 16 March 2005. Multicultural Families Conference, University of the Sunshine Coast: 23-24 June 2004.
- 18<sup>th</sup> World Conference on Health Promotion & Health Education (IUHPE Conference), Melbourne, Australia, 26<sup>th</sup>-30<sup>th</sup> April 2004.
- Health Promoting Schools: Evidence for Effectiveness. Queensland Centre for Public Health, Brisbane 11<sup>th</sup> March 2004.
- Ninth International Health Summer School, School of Public Health, QUT 17-19<sup>th</sup> November 2003.
- Diversity in Health National Conference 2003, Sydney Exhibition Centre, Darling Harbour, 27-29 October 2003.
- 35<sup>th</sup> Public Health Association of Australia Conference, Brisbane Convention & Exhibition Centre, Brisbane 28<sup>th</sup> September – 1<sup>st</sup> October 2003.
- Education and Health in Partnership: International Conference of NIGZ Netherlands Institute for Health Promotion and Disease Prevention & European Network of Health Promoting Schools, Egmond aan Zee, The Netherlands (25-27 September 2002).
- 6<sup>th</sup> National Health Promoting Schools Conference, Gold Coast (1-4 May, 2002).
- 4<sup>th</sup>. Australian Industrial & Organisational Psychology Conference, Sydney (21-24 June, 2001).
- 6<sup>th</sup> International Congress of Behavioural Medicine, Brisbane (15-18 November, 2000)

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**PUBLICATIONS**


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**Peer Reviewed Publications:**

- Stewart, D; Sun, J; Patterson, C; **Lemerle, K**; and Hardie, M. (2004). “*Promoting and building resilience in primary school communities: evidence from a comprehensive ‘Health Promoting School’ approach.* *International Journal of Mental Health Promotion* 6(3): 26-33.

**Book Chapters:**

- **Kate Lemerle** and Donald E. Stewart. Chapter 2: “Thriving Beyond Adversity”. Published in Brader, Andy “Songs of Resilience”: Cambridge Scholars Publishing, 2011.
- **Kate Lemerle** and Donald Stewart. “*Can Supportive School Environments Build Resilience? Towards a Model for Promoting Students’ Resilience?*”. Submitted for publication in Ungar,

Michael (Ed.) *Resilience in Action: Working with Youth Across Cultures and Contexts*. University of Toronto Press, 2006.

- **Kate Lemerle** and Donald Stewart. "*Health Promoting Schools: Linking Organisational Capital and Resilience*." Published in Jensen, Bjarne Brunn & Clift, Stephen (Editors), *The Health Promoting School: International Advances in Theory, Evaluation and Practice*. Danish Education University Press, 2005.

#### Unpublished:

- **Lemerle, K.** and Stewart, D. (2004). *How healthy are our schools? Diffusion of the Health Promoting Schools approach in Queensland schools*. Australian & NZ Journal of Public Health.
- **Lemerle, K.**, Prasad-Ildes, R. & Stewart, D. (2004). *Evaluation of a Program for Building Resilience in Adolescents from Culturally and Linguistically Diverse Backgrounds*. International Journal of Health Psychology.
- **Lemerle, K.** & Stewart, D. *Development of a Brief Screening Instrument to Measure Health Promoting School Status*. Health Promotion International.
- **Lemerle, K.** and Stewart, D. *Emerging Issues in the Development of Resilience In Children: A Critical Review of Contemporary Literature*. Health Education.

#### CONFERENCE PAPERS & PRESENTATIONS

- **Lemerle, K.** *Building Resilience in Transcultural Australians: A Socio-ecological Approach to Promoting Mental Wellbeing in Migrant and Refugee Children and Adolescents*. Paper presented at Diversity in Health Conference, Melbourne, 17-19 October 2005.
- **Lemerle, K.** and Stewart, D. "*Building Resilience through Supportive School Environments: The Health Promoting Schools Framework as a Model for Promoting Resilience in Culturally Diverse Students*". Paper presented at "Pathways to Resilience: An International Conference", Halifax, Nova Scotia (Canada): 15-17 June 2005.
- **Lemerle, K.** *Promoting Resilience in Children and Adolescents within a Multicultural Framework: Emerging Issues from the BRiTA Project*. Workshop Presented at State Conference of Youth Affairs Network QLD, Bardon Conference Centre, Brisbane: 22 April 2005.
- **Lemerle, K.** "*Building Resilience Through Supportive School Environments: Towards a Model for Promoting Resilience in Culturally Diverse Students*." Paper presented at Australian Health Promotion Association Conference, Canberra: 14-16 March 2005.
- **Lemerle, K.** and Prasad-Ildes, R. "*Overcoming acculturation stress: a proposed approach for promoting resilience in culturally diverse children and adolescents*". Paper presented at Multicultural Families Conference, University of the Sunshine Coast: 23-24 June 2004.
- **Lemerle, K.** and Stewart, D. "*Results of an Audit of Health Promoting Schools Activity in Queensland, Australia*". Paper presented at the 18<sup>th</sup> World Conference on Health Promotion and Health Education (IUHPE Conference), Melbourne, Australia: 26-30 April, 2004.
- **Lemerle, K.** and Stewart, D. "*Health Promoting Schools: A Proposed Model for Building School Social Capital and Children's Resilience*". Paper presented at the 18<sup>th</sup> World Conference on Health Promotion and Health Education (IUHPE Conference), Melbourne, Australia: 26-30 April, 2004.
- **Lemerle, K.**; Prasad-Ildes, R. and Ramirez, E. "*Building Resilience in Transcultural Adolescents (BRiTA): Development & Preliminary Evaluation Outcomes*". Paper presented at the Ninth International Health Summer School, QUT School of Public Health, 17-19 November 2003.
- **Lemerle, K.**; Prasad-Ildes, R. and Ramirez, E. "*Building Resilience in Transcultural Adolescents: Development & Preliminary Outcomes from the BRiTA Project*". Paper presented at the Diversity in Health National Conference 2003, Sydney Exhibition Centre, Darling Harbour, 27-29 October 2003.



- **Lemerle, K.** and Stewart, D. "*Healthy Teachers, Healthy Schools: The Health Promoting Schools Approach and Teachers' Wellbeing*". Paper presented at 35<sup>th</sup> Public Health Association of Australia Conference, Brisbane Convention & Exhibition Centre, Brisbane, 28 September – 1 October 2003.
- **Lemerle, K.;** Stewart, D.E. and Nicholson, J. "*Pathways of Influence: Does the Health Promoting Schools Approach Enhance Teachers' Health and Job Commitment?*" Paper presented at the European Union of Health Promoting Schools Conference 'Education & Health in Partnership', Egmond aan Zee, The Netherlands, 25-27 September 2002.
- **Lemerle, K.;** Nicholson, J. and Stewart, D.E. *Development and Use of an Audit Instrument to Survey the Extent of Health Promoting Schools Activities in Queensland Primary Schools*. Paper presented at the 6<sup>th</sup> National Health Promoting Schools Association Conference, 1-4 May 2002: Gold Coast, Queensland.
- **Lemerle, K.;** Battye, K.; Harris, M. and Powell-Davies, G. "*A Model for Diabetes Shared Care in Rural and Remote Communities*". Poster presentation at General Practice Evaluation Program Conference, Brisbane, 6-7 May 1999.
- **Lemerle, K.** (1993). *Reducing the impact of shiftwork: a case study*. Paper presented at the 4<sup>th</sup>. Annual Primary Health Care Conference, University of Sydney, 18-19 November.
- **Lemerle, K.** (1992) *Worksite health promotion – linking public health and private enterprise: the Wagga Wagga experience*. Paper presented at the 2<sup>nd</sup>. National Healthy Cities Conference, Bardon, Brisbane, 13-15 May 1992.
- **Lemerle, K.** (1990) *Well Wagga Wagga: evaluation of a worksite health promotion project*. Paper presented at the 3<sup>rd</sup>. National Australian Community Health Association Conference, Sydney, 3-5 October.
- **Lemerle, K.** (1990) *Well Wagga Wagga: a health promotion project in the workplace*. Paper presented at the 1<sup>st</sup>. National Healthy Cities Conference, Wollongong, 12-14 February.

## FUNDED RESEARCH GRANTS

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- Multicultural Affairs QLD: Multicultural Assistance Program Grants 2006: "Partnering for Participation - Development and pilot of a peer-mentoring program for young African refugees". \$65,000 for the Multicultural Centre for Mental Health & Wellbeing, Brisbane.
- ARC Linkage (Round 2) 2004: **LP0562185** Education to Counter HIV/AIDS in Papua New Guinea: Policies, Perceptions and Practices.
- QUT Strategic Links with Industry Scheme 2003, "Development and Evaluation of a School-based Resilience Promotion Program for Children from Culturally Diverse Backgrounds", \$35,000 (plus \$50,000 grant from Brisbane City Council and \$20,000 grant from Queensland Health). (Co-investigator and Research Co-ordinator 0.6FTE).
- ARC Linkage Projects Incentive Scheme 2003, "BRiTA for Children: Building Resilience in Transcultural Children", \$1,976.80.
- Health Promotion Queensland (HPQ 00.01/005), "A Multi-strategy Health Promotion Program to promote Resilience in Primary School Children": \$900,000. (Co-investigator, member of Project Advisory Group).

## UNFUNDED RESEARCH GRANT SUBMISSIONS

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- NHMRC 2005 Preventive Healthcare and Strengthening Australia's Social & Economic Fabric: **390170** "BRiTA Futures – Building Resilience in Young Multicultural Australians".
- ARC Linkage (Round 2) 2004: **LP0562175** Evaluation of a Multi-level Strategy to Build the Capacity of Schools to Promote Resilience and School Connectedness in Refugee Students.
- National Mental Health Promotion Priority Projects (2004): Development of a Framework for Programs to Promote Resilience in Refugee Families.

- Australian Rotary Health Research Fund (Mental Illness) 2004: Development and Evaluation of a Program to Promote Resilience in Young People from Culturally and Linguistically Diverse (CALD) Backgrounds.
- Institute of Health & Biomedical Innovation (IHBI) Small Grants Scheme (2004) Promoting Positive Mental Health (Resilience) in Children from Culturally & Linguistically Diverse (CALD) backgrounds: Identification of Best Practice in Schools.
- ARC Discovery 2003: **DP0453175** Promoting Social Capital within School Communities: Development of Evidence-based Guidelines.
- ARC Linkage (Round 2) 2003: **LP0455538** Building Resilience: A Depression Prevention Program for Primary School-aged Students from Culturally and Linguistically Diverse Backgrounds.
- Australian Rotary Health Research Fund (Mental Illness) 2003: Development of BRiTA (“Building Resilience in Transcultural Adolescents”) Facilitators’ Training Package.
- Smart State: A PhD Research Funding Program (2002): Evaluation of the School Social Environment on Teachers’ Health, Wellbeing, and Job Commitment: Is the Health Promoting School a Healthier Workplace?
- QUT ATN Small Research Grants Scheme (2001): Investigation of the Impact of School Environment on the Health and Wellbeing of Teachers and Students.

## TEACHING & TRAINING EXPERIENCE

### Psychology Department, University of Southern Queensland (2008 - 2012)

- PSY3140 Building Sustainable Communities\* (Community Psychology)
- PSY4090 Coaching Psychology\*
- PSY4040 Advanced Psychological Theory\* (Positive Psychology)
- PSY4065 Positive Psychology\*
- PSY2010 Social Processes of Behaviour
- PSY2030 Developmental Psychology
- PSY3030 Abnormal Psychology

#### *\* Prepared each of these as new courses in the undergraduate Psychology (Hons) Program*

- Taught modules for PSY1104/PSY2105/PSY3104 Psychological Apprenticeship Skills (Work Integrated Learning Program)
- Supervision of Honours and Masters students.

### Royal QLD Bush Children’s Health Scheme (2006-2007)

- 3-day staff orientation program.
- Professional development programs for teams including Understanding the Child Protection Policy, Counselling & Interviewing Microskills, Adapting to Living & Working in Rural Communities, Preparing Group Programs, Time Management, Motivational Interviewing, and Working Cross-Culturally with Children & Families.

### School of Public Health, Queensland University of Technology (2000 - 2005)

- PUB 644: Health Promoting Schools (Tutor & Course Writer) (2002, 2003, 2004, 2005)
- LEB335: Human Development and Learning (Tutor)
- PUB105: Introduction to Family Studies (Tutor)
- PUB251: Contemporary Public Health (Tutor)
- PUB203: Primary Health Care Course Writer followed by Tutoring for Queensland Ambulance Service Corporate Program, Oral Health external students, and internal students.
- PUB203 Academic Upgrade Program (Tutor for external students).

### School of Public Health, James Cook University (1999)

- HS1403: Introduction to Health Education and Health Promotion (Lecturer and Tutor).

- Graduate Medical Program: Lifestyle Counselling Module (Workshop Facilitator).
- Refugee Health: Course Co-ordinator in association with Médecins Sans Frontières.
- Tropical Medicine: Course Co-ordinator.

**Division of Student Services, Charles Sturt University (1996 – 98)**

- WEL107: Community Mental Health (Lecturer and Tutor).
- Marking various Psychology subjects each semester.
- Designed, delivered and evaluated 10 week Student Development Program as co-curriculum course to promote university adjustment.
- Designed and delivered workshops addressing psychosocial health and adjustment for university students (e.g. Coping with Stress, Memory Enhancement, Self-motivation, Managing Conflict, Rapid Reading Skills, and Time Management).

**Riverina Community College (1992 – 1997)**

- Introduction to Basic Counselling Skills (VETAB accredited)
- Wellness Workshops
- Public Speaking Course
- Conflict Resolution and Negotiation
- Myers-Briggs Type Indicator Workshops
- Dare to Change
- Stress Management

**School of Psychology, University of New England (1984)**

- PSY 214/314: Learning and Behaviour Modification (Tutor)
- PSY219/319: Social Psychology (Tutor)

**SUPERVISION EXPERIENCE**

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- 2007+: Supervision of provisionally registered psychologists completing the 4+2 Pathway (QLD Psychologists Registration Board, Psychology Board of Australia)
- 2008 - 2012: Supervision of Psychology Honours and Masters students at USQ Springfield.
- 2006 - 2007: Case management supervision of 5 multidisciplinary early intervention child & family health teams in regional Queensland (Warwick, Bundaberg, Dalby, Emerald, Mt Isa).
- 2005: Supervision of student completing placement requirements for Diploma of Community Welfare Work (Moreton TAFE).
- 2000- 2003: Academic supervision of graduate students from Maastricht University, The Netherlands, undertaking 1-semester graduate exchange program (QUT School of Public Health, 2002 - 2003).
- 1998 - 2000: Clinical supervision of two Psychologists undertaking internship for professional registration (Aust College of Applied Psychology, Sydney).
- 1996-1998: Clinical supervision of 3 generalist counsellors providing clinical services to university students (Charles Sturt University, Student Counselling Services).
- 1990-1991: Co-ordinator of peer supervision program for Psychologists & Social Workers (Wagga Wagga Community Health Services).
- 1989-1992: Social Welfare undergraduate students completing 1-semester coursework placements within Community Health Services.
- 1987-1989: Clinical supervision of Psychologist in private practice (The Studio, Bowral).

**TRAVEL**

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- 2014 Norfolk Island (NSW)
- 2005 Canada, Galapagos Islands and Peru

- 2002 The Netherlands
- 1995 Egypt and Israel
- 1988 Western Australia
- 1984 Queensland, Northern Territory, Central Australia, South Australia
- 1974 New Zealand
- 1969 South Pacific and New Zealand

**COMMUNITY ACTIVITIES**

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- Convener, Positive Psychology Network QLD (2012+)
- Co-ordinator, APS Brisbane West Peer Support Network (2010+)
- Committee Member, APS Interest Group in Coaching Psychology (QLD)
- Member, Westside Business Women's Network (2010, 2012)
- Member, Women's Network Australia (2007)
- Member, Kenmore Chamber of Commerce (2007)
- Member, Multicultural Youth Network QLD (2005/06)
- Australian Health Promoting Schools Association (Secretary of National Executive Council, 2001-2002).
- Member of Toastmasters International (Wagga Wagga, Townsville)
- Founding Committee Member, Australian College of Clinical Psychologists, Riverina Branch (1997-98)
- Psychologists Network Group, Wagga Wagga (1995-96)
- Board Member, Wagga Wagga Chamber of Commerce (1993-94)

**REFEREES**

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**Academic:**

- Professor Gerry Tehan, Faculty of Sciences (Psychology), University of Southern Queensland. PH: (07) 3470 4476. EM: [gerry.tehan@usq.edu.au](mailto:gerry.tehan@usq.edu.au)
- Professor Donald Stewart, School of Public Health, Griffith University. PH: (07) 338 21487. FAX: (07) 338 21034. EM: [Donald.Stewart@griffith.edu.au](mailto:Donald.Stewart@griffith.edu.au)

**Management/Business:**

- Allan Norris, General Manager, Finance Plus. 27 Forsyth Street (PO Box 8768), Wagga Wagga NSW 2650. PH: 02-6921 6639 FAX: 02-69218009 EM: [anorris@jtfinanceplus.com](mailto:anorris@jtfinanceplus.com)

**Project Management:**

- Rita Prasad-Ildes, Manager, QLD Transcultural Mental Health Centre, (07) 3240 2833; Fax (07) 3240 2282. Email: [rita\\_prasad-ildes@health.qld.gov.au](mailto:rita_prasad-ildes@health.qld.gov.au)

**Clinical:**

- Ms Boza Stumfol, Multicultural Mental Health Coordinator, Prince Charles Hospital, Brisbane. EM: [bozica\\_stumfol@health.qld.gov.au](mailto:bozica_stumfol@health.qld.gov.au)